

Kroppefjälls Matpåsar

Best served outdoors

Nature is good for you! It's well documented in science that nature has a positive impact on our well-being.

This is the very core of Kroppefjäll B&B - where we also have proximity to nature as an obvious part of our business.

Therefore, it was a given for us to also develop a food concept that is based on staying outdoors.

Choose one of Kroppefjäll Food Bags filled with sustainable and locally produced ingredients (as much as possible) and a yummy recipe that is easy to follow!

A perfect experience for yourself, or to share with your family and friends.

Sit down at one of our barbecue places, cook the food and enjoy it in our beautiful local scenery!

Rest - Grilled Cheese Burger

Locally-produced Grilled Cheese from Dalsspira Mejeri, vegetables, beetroot bread from Häljerud, Spelt wheat and homemade topping.

Culture - Beef Burger

Sustainably-sourced beef from Ekholmens Café och Gårdsbutik, vegetables, beetroot bread from Häljerud, Spelt wheat and homemade topping.

Nature - Vegan burger

Vegan burger (soya), vegetables, beetroot bread from Häljerud, Spelt wheat and homemade topping.

Food - Wild Meat Sausage

Sausage made from wild meat (game) supplied by Dalslands Vilt just north of Dals Rostock. Served with homemade flatbread baked on the open fire.

Fresh locally grown lettuce, sauce and local fried potatoes.

Kroppefjäll Vegan Curry-Stew

Curry-stew with lentils, potatoes and coconut milk is served with fresh locally grown lettuce, koriander and homemade flatbread baked on the open fire.

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Please note that the Kroppefjäll Food Bags need to be ordered one day in advance. Thank you!



Enjoy your meal!